



I pledge to drive safe, without distractions

This year's trauma awareness theme focuses on safe driving. Our new Mercy Regional Trauma Center team wants YOU to take the "Distracted Driver Pledge." By taking the pledge, you promise to drive free of distractions, always.

By reviewing and checking the following boxes, you promise to drive without distractions.

If I do these activities while driving, it can lead to running red lights, hitting another car, running off the road, or hitting a pedestrian, animal or someone in a crosswalk.

I will not drive while ...

- Text messaging
- Talking on my cell phone
- Using my iPod
- Eating
- Putting on make-up
- Tired or sleepy

I choose to LIVE, to drive safely and responsibly because I care for my family, passengers, others on the road and myself.

Signed: _____